



# 3 Days

Friday Nov. 5, 2010  
Saturday Nov. 6, 2010  
Sunday Nov. 7, 2010

**PHOENIX-SPRINT**  
**RUHRKLIPPEN-TRAIL**  
**BITTERMARK-RUN**

## Thursday, November 4<sup>th</sup> 2010

16.00 – 20.00 Registration (PHOENIX Hall)



## Friday, November 5<sup>th</sup> 2010

09.00 – 19.00 Registration, Info-Point and Race Office (Phoenix Hall)

12.00 – 18.00 EXPO (Phoenix square)

15.00 Uhr Start zum PHOENIX-Sprint (Phoenix square)

From 17.30 Pasta-Party (Phoenix Hall)

18.00 PETZL NIGHT ON TRAIL for EVERYONE (Phoenix square)

From 19.30 Award Ceremony, Briefing, Pictures & Video of the Day (Phoenix Hall)

Afterwards Reading with Achim Achilles (Phoenix Hall)



## Saturday, November 6<sup>th</sup> 2010

08.30 – 19.00 Registration, Info-Point and Race Office (Phoenix Hall)

10.00 – 18.00 EXPO (Phoenix square)

11.00 Start of the RUHRKLIPPEN-TRAIL (Phoenix square)

11.30 Start of the SCHOOLS ON TRAIL (Phoenix square)

From 17.30 Pasta-Party (Phoenix Hall)

From 19.00 Award Ceremony, Briefing, Pictures & Video of the Day (Phoenix Hall)



## Sunday, November 7<sup>th</sup> 2010

08.30 – 15.00 Registration, Info-Point and Race Office (Phoenix Hall)

09.00 – 14.00 EXPO (Phoenix square)

11.00 Start of the BITTERMARK-RUN (Phoenix square)

11.15 Start of the RUHR.2010 ON TRAIL (Phoenix square)

From 12.30 Pasta-Party (Phoenix Hall)

From 13.30 Big Award Ceremony, Pictures & Video of the Day (Phoenix Hall)



[www.trailrun-worldmasters.com](http://www.trailrun-worldmasters.com)

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